You are Invited to a FREE MEN'S ONLY

Health Event in aid of Men's Health Week



SATURDAY 18TH JUNE

Jennings Park, Newry (beside Newry Leisure Centre), 60 Cecil St, Newry, BT35 6AU From 11am to 1pm

Jumpers for Goalposts is a game of football like you remember from when you were a child. A group of people in your community coming together with a football, on a patch of grass, throwing down a few jumpers for goalposts and enjoying themselves.

No pressure, no competition and no judgement. Just laughs, chats, a bit of fresh air and refreshments.

We will be providing Health Checks on the day. All for free!

FREE Health packs for all who attend will be available. The packs include important information about Men's Health.

For more information or to register, please contact Alannah Brennan on 0330 137 4265 or alannah.brennan@nmandd.org









