



# GAMBLING HARM PREVENTION WORKSHOP FOR PARENTS/CARERS



## IS GAMBLING A BIG DEAL FOR YOUNG PEOPLE?

- ✔ An estimated 55,000 young people in the UK aged 11-16 are considered 'problem gamblers' (The Gambling Commission, 2019)
- ✔ Friends and family play a hugely influential role in shaping gambling behaviour
- ✔ Young people are most vulnerable to experiencing gambling-related harm once they achieve independence from their parents (The Gambling Commission, 2021)

## WHAT CAN WE DO ABOUT IT?

- ✔ GamCare offers FREE 90 minute gambling awareness workshops for parents of young people aged 11-19, delivered by our highly skilled Education and Training Leads.

### WHAT DO OUR FREE PARENT/CARER WORKSHOPS OFFER?

- ✔ GamCare is the leading UK provider of free information, advice and support for anyone harmed by gambling.
- ✔ Learn how to recognise the risk factors, signs and symptoms of gambling-related harm and the links between gambling and gaming.
- ✔ Find out how to talk to young people about gambling related harm and where to seek help if they need it.



## BOOK YOUR WORKSHOP NOW!

Contact your local Education and Training Lead now to arrange your free workshop:

[hello@bigdeal.org.uk](mailto:hello@bigdeal.org.uk)

