



Family Fun



Live Demonstrations



Freebies



DISCOVERED

Across the world and around the corner

Tesco Extra Newry, Newry
Saturday 22nd October 2022
11am – 3pm

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TIME	ACTIVITY/DEMO
All Day	Therapeutic Hand Massage Emergency Vehicle Tours
11:00, 12:30 and 14:30	Casualty Simulation - see how we create realistic injuries & scenarios for first aid training
11:00 & 13:00	T-Bears: Lessons on First Aid, Health & Hygiene & Feelings designed for 4-9 year olds
11:30 & 14:30	Drug and Alcohol sessions include what to do if someone is having a seizure and how to put someone in the recovery position.
12:00 & 14:00	Positive Mental Health encourages us to be aware of our own mental health and factors that adversely and positively affect it. Free kits!
12:30 & 14:30	LGBTI+ Allies helps everyone to support and stand up for the rights of LGBTI+ people. It promotes social inclusion and a greater understanding of LGBT issues. Free pins!
13:00	First Aid training includes instruction on how to use a defibrillator, help someone who is choking and perform CPR