INCREDIBLE YEARS



HSC

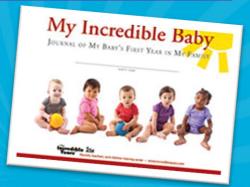
Southern Health

Baby Programme

The Incredible Years baby programme is primarily aimed at parents/carers of children aged 0 - 1 year old. It works to strengthen parent-child interaction and attachment.

Parents will be supported to:

- Help their babies feel loved, safe, and secure.
- Encourage their babies' physical and language development.
- Provide physical, tactile and visual stimulation
- The parenting group format fosters peer support networks and shared learning. Trained Incredible Years® facilitators use video clips of real-life situations to support the training and stimulate group discussions. Parents practice skills with their babies in the group.





Enquiry/Referral:	
	resident in the Newry & Mourne locality.
Criteria:	Preference will be given to parents of babies 0-4 months
Area:	Newry Teachers Centre. Face to Face programme
Date/Time:	Thurs 27th April 2023 x 8 weeks. 10.00am - 12.00pm

Lorraine O'Neill - Parenting Partnership parenting.partnership@southerntrust.hscni.net 07880 474 747



Elaine Trainor- MDT Team Meadowlands Surgery Elaine.Trainor@southerntrust.hscni.net 07766220716

CLOSING DATE: Friday 7th April. Parents will be notified if they have secured a place by Friday 15th April