

INCREDIBLE YEARS

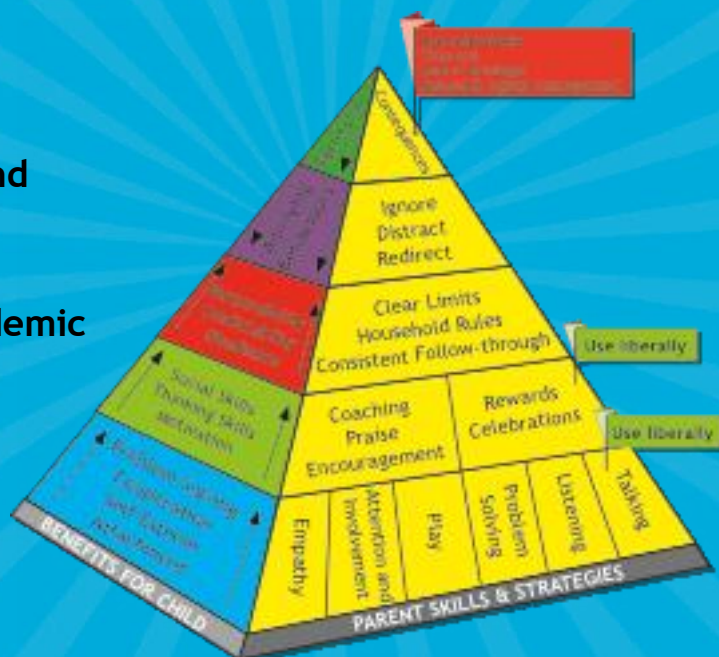


School Age Programme

The Incredible Years School Age group work programme is primarily aimed at parents/carers of children aged 5-12. It works to strengthen parent-child interaction and attachment.

Parents will be supported to:

- Promote positive behaviours in their school age children
- Reduce challenging behaviour and promote problem solving skills
- Promote their child's social, academic and emotional development
- Set rules regarding computer, TV etc use
- In the parenting groups trained Incredible Years facilitators use video clips of real life situations to support training and stimulate parenting group discussion.



Thursday 23rd March 2023, 10.00am - 12 noon
12 week programme via zoom

For parents in Southern Trust area only.

For referral form or further information please contact Lorraine O'Neill:

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Delivery Partners: Parenting Partnership & CAMHS