

**SOUTHERN AREA
LOCALITY PLANNING GROUPS**



ISSUE 108
20th July 2023



WELCOME

Welcome to Issue 108 of our information bulletin, 'FYI' (For Your Information).

As summer flies by, we are still including activities for children and young people to keep busy and have fun. Activities and spaces have been harder to come by this year, so we still urge those who are running activities and schemes and are open for registration to let us know and we can share this valuable information.

We have the usual range of information and opportunities including resources, training, funding opportunities and more. Please make sure you share this with your families/clients, colleagues and contacts.

Next edition is 24th August, so send us your flyers for then!

Locality Development Team, Southern Area

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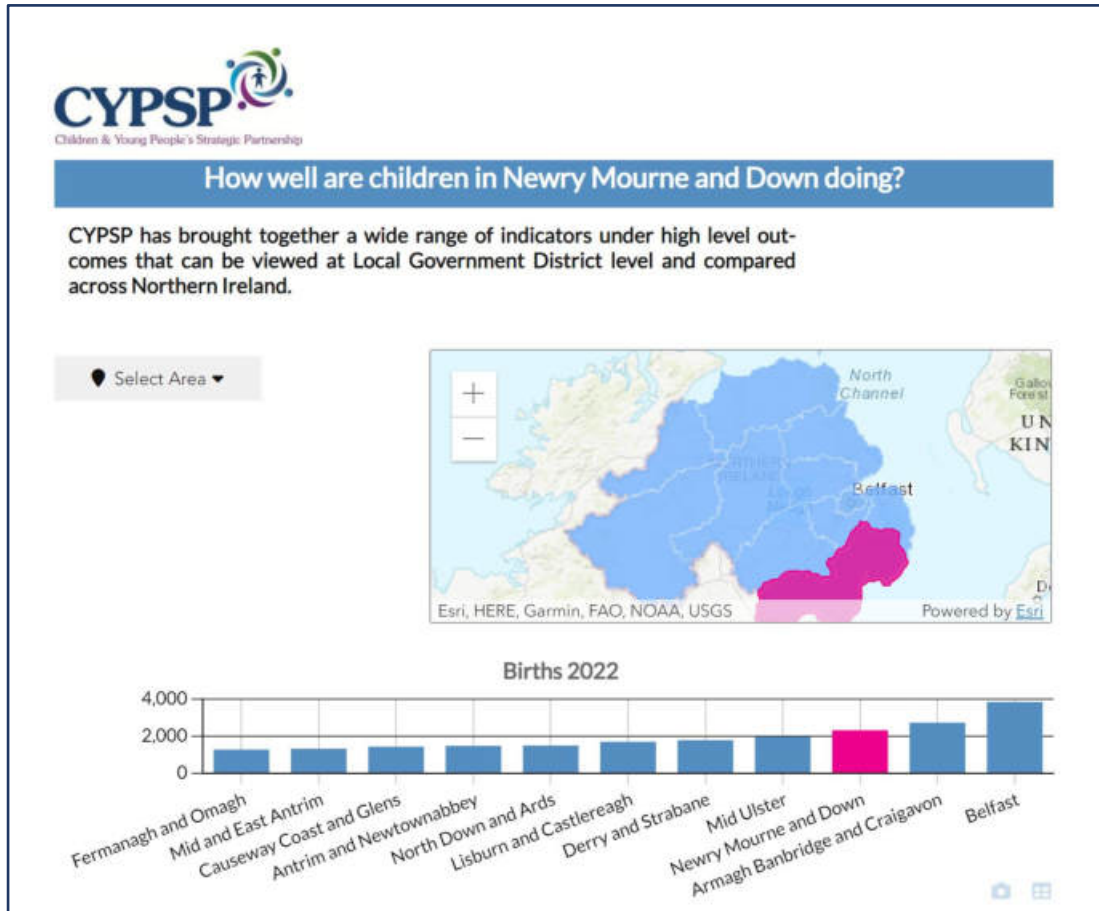
Our **Cost of Living Guide** was updated on the 10th July and includes details of FREE & low-cost summer activities

Also included are details of food banks / community fridges and school uniform projects currently running across Northern Ireland

Download the Cost of Living Guide [HERE](#)

Please contact una.casey@hscni.net to promote initiatives that you have planned to help support families and children in your local area

For those families whose first language is not English, the resource is fully translatable into over 100+ languages using Reachdeck on the Translation Hub [HERE](#)



The **Local Government District Interactive Reports** on how children and young people are doing in each LGD Area have been updated on the CYPSP website

Visit [HERE](#) and click on the Council area you are interested in to find out more

Reports can be downloaded and printed

Please feel free to share widely with colleagues



FREE online courses for all residents of Northern Ireland

For parents, carers and families

- Understanding pregnancy, labour, birth and your baby
- Understanding your baby
- Understanding your child
- Understanding your child with additional needs
- Understanding your teenager's brain
- Understanding your child's feelings
- Understanding your child's mental health and wellbeing

For all adults

- Understanding your relationship

For teenagers

- Understanding your brain (for teenagers only!)
- Understanding your feelings (for teenagers only!)

And more!

For further details, visit:

www.solihullapproachparenting.com/online-courses-northern-ireland/



Scan here using your phone camera,
or visit the link below, and enter the
Access Code to gain FREE access



www.inourplace.co.uk

For technical support, contact solihull.approach@uhb.nhs.uk
or (+44) 0121 296 4448 - Mon-Fri, 9am-5pm

www.inourplace.co.uk www.solihullapproachparenting.com

We have developed a new section under Parenting Support and on the Youth Wellness Web on the CYPSP website with information on a suite of **FREE Solihull online courses available to residents in Northern Ireland**

Find out more [HERE](#)

Please share widely and promote uptake with your networks and with any parents you may be supporting

Children in Northern Ireland

Life Story Wed 23rd August
10am - 3:30pm

In-Person training!

This workshop will explore practical ways to support children & young people to understand their own personal Life Story, with the aim of promoting a positive sense of one's self.

Gain useful skills for working with children & young people but, in particular, for those who have experienced transition e.g. In Care / Care leavers, refugees, asylum seekers, newcomer families etc.

To book: www.ci-ni.org.uk/funded_courses/



Our funding restrictions are such that this training is only available to those who work/volunteer for a **voluntary, charitable, faith or community based organisation**

Children in Northern Ireland

Child Protection Practice Tues 8th Aug
6:30pm - 9:30pm

Evening ZOOM!

This live intensive training session aims to provide participants with an understanding of child protection & safeguarding issues, what abuse is, & an understanding of how handle & report concerns.

Suitable for staff & volunteers in any role.

Certificated Level 2 course delivered by via Zoom.

To book: www.ci-ni.org.uk/funded_courses



www.eventbrite.co.uk/e/658523450367



www.eventbrite.co.uk/e/652713241877

Basic Parent Group Leader Training



Accredited and Evidence Based

Facilitators will be trained to deliver on the Basic Parent programme (for parents of children aged 2–8); the School Readiness programme; and the Toddler Programme.

Workshop learning includes child-directed play and coaching skills; using positive reinforcement; establishing effective limits, rules and routines; how to ignore inappropriate behaviour; reducing aggression; problem solving; and promoting effective communication skills. Group therapy process skills such as empowering parents, collaborating, dealing with resistance, confronting and teaching, supporting and advocating for parents will all be included.

HSC Health and Social Care

Dates:	14, 21 and 22 September 2023
Times:	9.30am – 3.30pm
Venue:	Ramada By Wyndham, Talbot Street, Belfast City Centre
Cost:	£395 per person (includes workshop notes, resources and all hospitality)
Led by:	Maria McAleese, Incredible Years® (IY) Mentor NI
Contact:	mariamcaleese2@gmail.com Tel: 079 2002 2782

If you would like more information on funded training places with a commitment to deliver, please contact your local Child Development Interventions Coordinator
Email: martina.mccooney@southerntrust.hscni.net Tel: 028 37564462

Parents, Teachers and Children Training Series



PI.P.S.
Hope and Support

Build your skills to RECOGNISE and make an INTERVENTION

JOIN OUR ASIST WORKSHOP

ASIST

This two-day interactive workshop in suicide first aid teaches participants to recognise when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety

MONDAY 9TH & TUESDAY 10TH OCTOBER
CATHEDRAL ROAD RECREATION CENTRE, ARMAGH

REGISTER TODAY!
<https://bit.ly/3WQaNyV>

Logos for Northern Ireland Executive, T:buc, Housing for all, Housing Executive, and TRIANGLE.



martina.mccooney@southerntrust.hscni.net



www.pipshopeandsupport.org/asist

Working with Children & Young People who display Sexually Harmful Behaviour

Target Audience

Social Workers from Child Care, Education Staff, Nursing staff: CPNS, Health Visitors, School Nurses, CPNs, CAMHS, Paediatric Medical staff (Community & Acute) GPs, Psychology, Police. Voluntary Sector: Barnardos Family Centres, NSPCC

- 26th September 2023
- 9.30am – 4.30pm
- Face to Face- WIN Conference Centre

Course Tutor

Joan Cherry AIM Foundation

Course Co-ordinator

Roisin McCann Multi-disciplinary Child Protection Training Officer

Closing Date: 18th September 2023

Booking Instructions

Please [CLICK HERE](#) to book.

Aim:

To develop awareness and understanding of the child protection issues for this group of children and for professionals

Learning Outcomes:

- To begin to understand what sexually harmful behaviour means
- To develop understanding of what behaviour might be seen as concerning
- To provide some understanding of contributing risk factors, vulnerability and adversity that may lead to harmful sexual behaviour
- To give an overview of the child protection procedures in these circumstances
- To outline what interventions are available and may be necessary

Child
Protection
Level 3



<https://learn.hscni.net/#/catalogue/launch>

Incredible Years NI Calendar 2023/24



The Incredible Years® 



Incredible Years® NI has developed a calendar of training events to promote, encourage and support a culture of fidelity and high quality implementation of Incredible Years® programmes.

Who can attend the events?

- Incredible Years® parenting programme group leaders,
- Incredible Years® parenting programme managers,
- Those interested in bringing Incredible Years® into their setting.



2 Hour Workshop on Adolescent Brain Development

HSC Southern Health
and Social Care Trust
Quality Care - for you, with you



Learning about Teenage Brain Development will support you to understand why:

- Teenagers feel emotions/anxiety so intensely.
- Teenagers have difficulty reading faces, gestures and emotions of others.
- Why social acceptance and rejection by their peers matters
 - Why the conflict with Parents
 - Risk taking versus a time to take risks.
 - Why their sleep pattern changes.

When is it on?

Monday 24th July 2023 7-9pm

Email: lisa.lenaghan@southerntrust.hscni.net



lisa.lenaghan@southerntrust.hscni.net

2 Hour Session on Baby, Toddlers & Young Children Brain Development

HSC Southern Health
and Social Care Trust
Quality Care - for you, with you



Learning about your baby/child's brain development may support to:

- Cope with a crying baby
- Manage your baby to settle/soothe
- Normalise and manage tantrums/anxiety
- Enjoy tummy time, play and mealtimes
- Build a positive relationship with your baby/child

When is it on?

Wednesday 26th July 2023 10-12 midday

How do I apply?

For further information or to book a place please contact

Email: lisa.lenaghan@southerntrust.hscni.net



lisa.lenaghan@southerntrust.hscni.net

Money Guiders Northern Ireland Network

Money Guiders
Take your help further

Employers For Childcare's Family Benefits Advice Service

🕒 1st of August 11am - 12pm

Employers For Childcare

Money & Pensions Service
Reed in Partnership



www.eventbrite.co.uk/e/employers-for-childcare

Parent Support

The Parent Support webpage is designed for Parents and Organisations working to support families using group work approaches.

If you are looking for:

- The latest evidence based parenting programmes & workshops by Trust area
- Information / leaflets
- Training / development opportunities for professionals / staff

Visit the Parent Support webpage at
<http://www.cypsp.hscni.net/ebpp>
or scan the QR code for instant access



Planning continues for **Parenting Programmes** due to commence in the autumn time

This information will be made available in the **next issue of 'FYI'**
In the meantime, please visit the **CYPSP Parent Support Page** [HERE](#)

Applications for short-term funding now open

Take5
steps to wellbeing



PHA Making Life Better Through Short Term Funding Programme 2023-2024

Funding programme available for local communities

Community and voluntary groups are being encouraged to apply for a short-term funding programme that focuses on improving mental health and emotional wellbeing

The Public Health Agency (PHA) scheme opened to applications on Wednesday 28th June 2023 and aims to address health and wellbeing needs in local communities

The funding programme will also support a range of strategic themes and priorities under the 'Making Life Better' public health framework, in particular mental health, emotional wellbeing, suicide prevention and self-harm

Find out more & apply [HERE](#)

The closing date for applications is **Wednesday 26th July** at 3pm

23-40 Toybox Project Worker

Monday, 17 July 2023, 10:00 am –
Friday, 28 July 2023, 10:00 am

Early Years - the organisation for young children
6c Wildflower Way, Belfast, Northern Ireland,
BT12 6TA, United Kingdom (map)

early years
the organisation for young children

Early Years – the organisation for young children wish to recruit a **Toybox Project Worker** to work within the Early Years Team.

There are **two opportunities** available: **Belfast role (37 hours)** and **Armagh and Craigavon role (25 hours)**.

To work with the Project Manager, Area Manager and the Toybox team to improve the early years' development and educational opportunities for Traveller and Roma children aged 0-4. This will involve a 'hands on' approach taking a mobile play resource to families (whether living on Traveller sites, at the roadside or in settled accommodation) and working with them to encourage their child's development through play.

To work in partnership with families to promote and facilitate positive parenting and the enhancement of the role of parents as 'first educators'.

To innovatively support and extend play experiences to ensure early outcomes are achieved.

For **further information** and an **application pack** please click **buttons below**.

Closing date: **Friday 28 July 2023 at 10am**.

Interview date: **Friday 4 August 2023**.

Early Years is an equal opportunities employer and is committed to providing flexible friendly working conditions. As Protestants and males are currently known to be under-represented in the Organisation, we would particularly welcome applications from these groups.



<https://www.early-years.org/jobs/23-40-toybox-project-worker>

**first
steps
Women's Centre**
Support. Educate. Empower.

FIRSTSTEPSWOMENSCENTRE.ORG

**Administrative Assistant – REAP Project - First Steps Womens Centre
Dungannon County Tyrone**



<https://firststepswomenscentre.org/jobs>

**SHSCT_Sure Start Family Support Worker (Band 3)
Permanent** ref:53833061



Branch: Craigavon & Banbridge area (SHSCT)

Location: Blossom Surestart

Directorate: Children & Young People's Services

Salary: [Band 3](#) (£21k - £23k)

Contract Type: Permanent

Opening date: 17/07/23

Closes:

Tue, 01 August 2023 @ 4:00 PM

Interview Dates: To be confirmed



<https://jobs.hscni.net/Job/29825>



START SOMETHING

Free Courses
July, August & Sept 2023

July 2023

Explore Plus
Ages: 16-30
Info session: 19th July Dates: 24th July - 31st Aug
Location: PT Centre, Belfast

Progress into employment, education or training. Gain qualifications, build your CV and interview skills. Tailored 1-2-1s and Progression Planning Support.

Get Started in Gaming
Age: 16-30
Dates: 24th - 28th July
Location: PT Centre, Belfast

Prepare for a career in the gaming industry. Examine the history of gaming. In-depth look at VR and multiplayer games. Build and present your own game.

Explore
Ages: 16-24
Dates: 24th July - 1st September
Location: PT Centre, Belfast

Personal development programme. Improve your social skills, take part in group activities, as well as employability & goal setting sessions.

Get into Retail with TK Maxx
Age: 16-30
Taster: 26th July Dates: 7th Aug - 1st Sept
Location: Belfast, Craigavon, L'Derry, Lisburn, N'abbey

Complete work experience in TK Maxx/Homesense. Learn about stock control, good customer service and sales skills. Job opportunities at the end.

August 2023

Team
Ages: 16-25
Dates: 28th August
Location: Oasis (East Belfast) and L'derry

12-week personal development programme offering work experience, qualifications, practical skills, and community projects.

September 2023

Get Hired with Galgorm
Age: 16-30
Dates: To be confirmed
Locations: PT Centre, Belfast

Two-day course to connect you with jobs in the Galgorm. You will learn interview skills, conduct mock interviews, and then have interviews with the Galgorm for live positions across their locations.

Explore
Ages: 16-24
Dates: 18th September - 6th October
Location: PT Centre, Belfast

Personal development programme. Improve your social skills, take part in group activities, as well as employability & goal setting sessions.

Get into Retail with Boots
Age: 16-30
Taster: W/C 18th September
Dates: Begins 25th September
Locations: Across NI

Complete work experience with Boots. Learn about stock rotation/control, good customer service and sales skills. Opportunity to gain employment with Boots after the programme.

August 2023

Explore
Ages: 16-24 Dates: 21st Aug - 8th Sept
Location: PT Centre, Belfast

Personal development programme. Improve your social skills, take part in group activities, as well as employability & goal setting sessions.

For more info, call 0800 842 842 or email outreachni@princes-trust.org.uk



EXPLORE+

HELP TO START A JOB, BEGIN TRAINING OR MOVE INTO EDUCATION

INFORMATION

Induction day: Wed 19th July 2023
Dates: Mon 2nd July to Thurs 31st Aug 2023
Location: PTNI Belfast Centre, Weaver's Court
Topics: Money Management & Preparing For Work
Qualifications: First Aid Certificate
Phone number: 0800 842 842
Email: outreachni@princes-trust.org.uk
Facebook: PrincesTrustNI

Are you 16-30 years old and not sure about your next step?

Explore+ is directed by your individual goals. You will progress into employment, training, education or volunteering by:

- Completing progression-related qualification units.
- Building your CV.
- Fine-tuning your interview skills.
- Exploring sector-specific skills.
- Receiving tailored 1-2-1 and progression support up until you take your next step.







As part of its ongoing transformation work, the **Education Authority** have developed a **survey to establish a baseline understanding of the confidence and satisfaction levels of all users and service providers for SEND services in Northern Ireland**, building on the information we have acquired through our parent and carer engagement sessions

Any feedback provided will help the Education Authority shape the change for SEND service provision in Northern Ireland

The survey is now open and will be LIVE until **Sunday 6 August** at midnight. As we want to reach as many people as possible with this exercise, we would be grateful if you could encourage anyone you feel may have an invested interest in the SEND system in Northern Ireland, to also take part

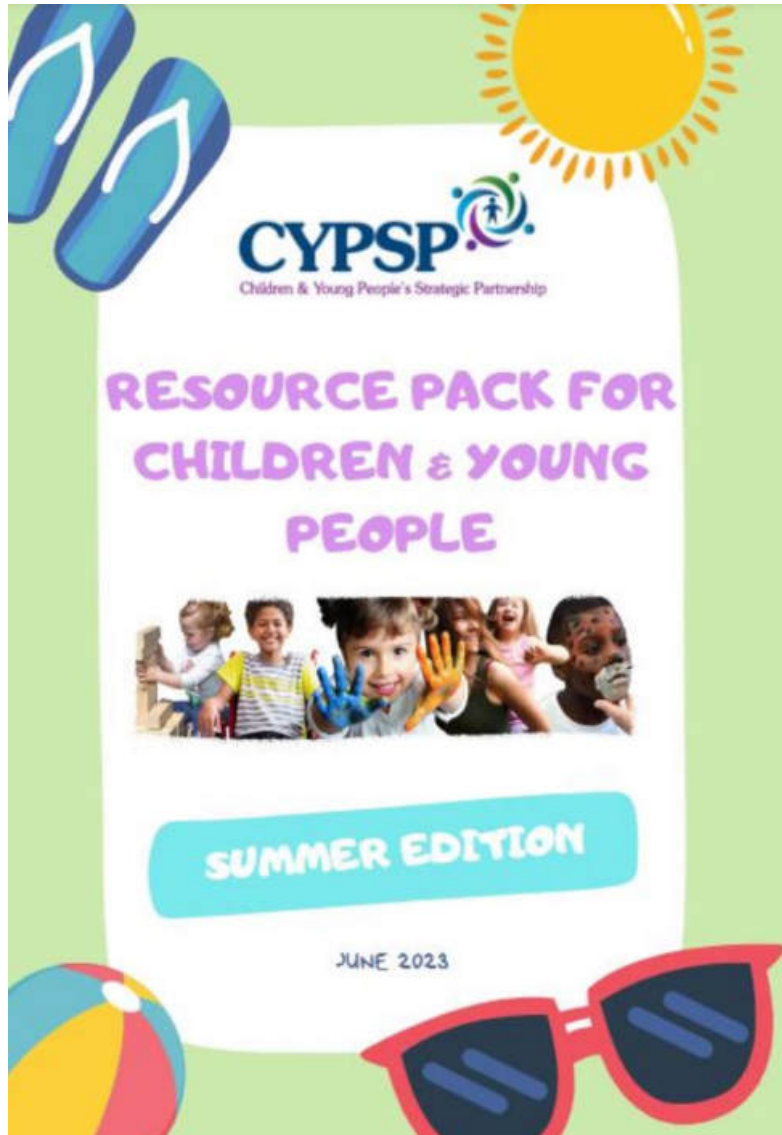
The survey can be accessed [HERE](#)

**ENDING
VIOLENCE
AGAINST
WOMEN
& GIRLS**

Consultation on a
Strategic Framework
to End Violence
Against Women and
Girls & Foundational
Action Plan



<https://consultations.nidirect.gov.uk/end-violence>



The **Summer Edition** of the **Children & Young People's Resource Pack** is out now!

Included are resources on disability, mental health, education and more, plus lots of activity ideas to help keep the kids entertained over the holiday period including colouring and activity sheets and play, craft and snack ideas

Download the digital resource pack [HERE](#)

(Note: The pdf will download directly to your device, so look out for the pop-up box and click on 'Open File' when it appears)

Resources and activities are free and in the public domain

Feel free to share with your contacts and those who you think would find it useful




Sport and physical activity are powerful tools to support our emotional, mental, physical well-being, and education, and at Sport NI we believe that sport should be available to everyone

During the cost of living crisis, Sport NI has been engaging with sports and councils to highlight low and no cost sport opportunities available across Northern Ireland to encourage low-income families to continue to engage in sport and physical activity

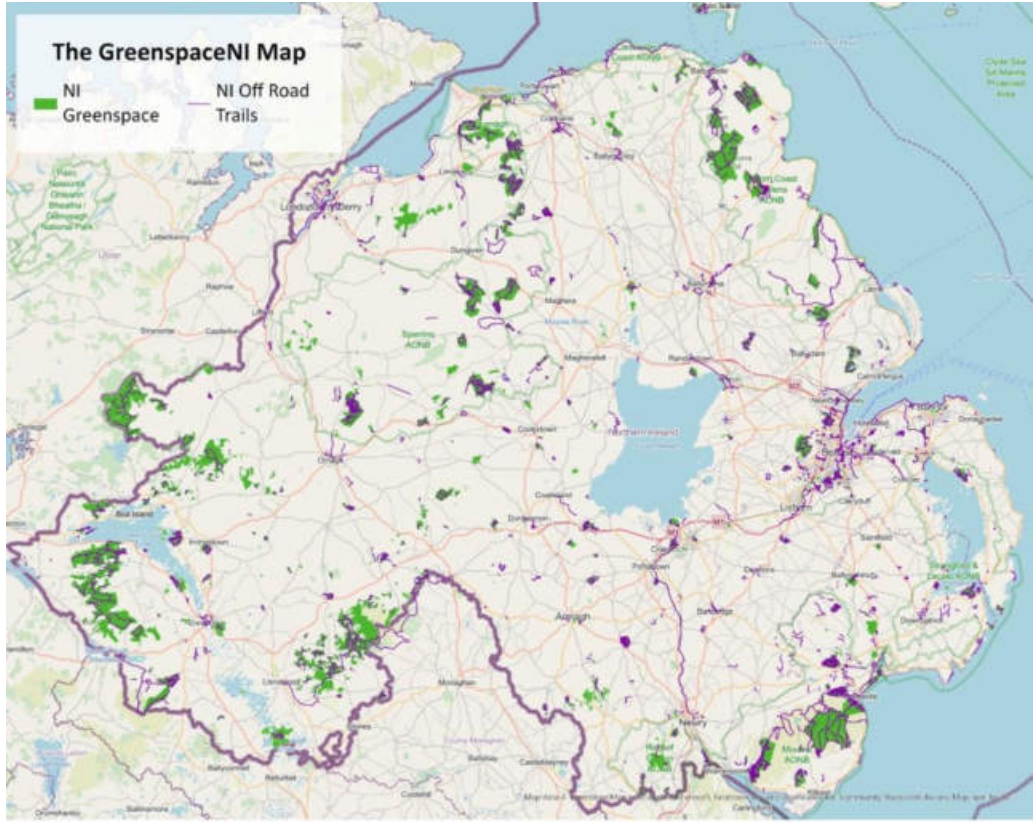
Visit the Sport NI website to explore Low & No Cost Sport opportunities available across Northern Ireland!

 www.sportni.net/low-no-cost-sport

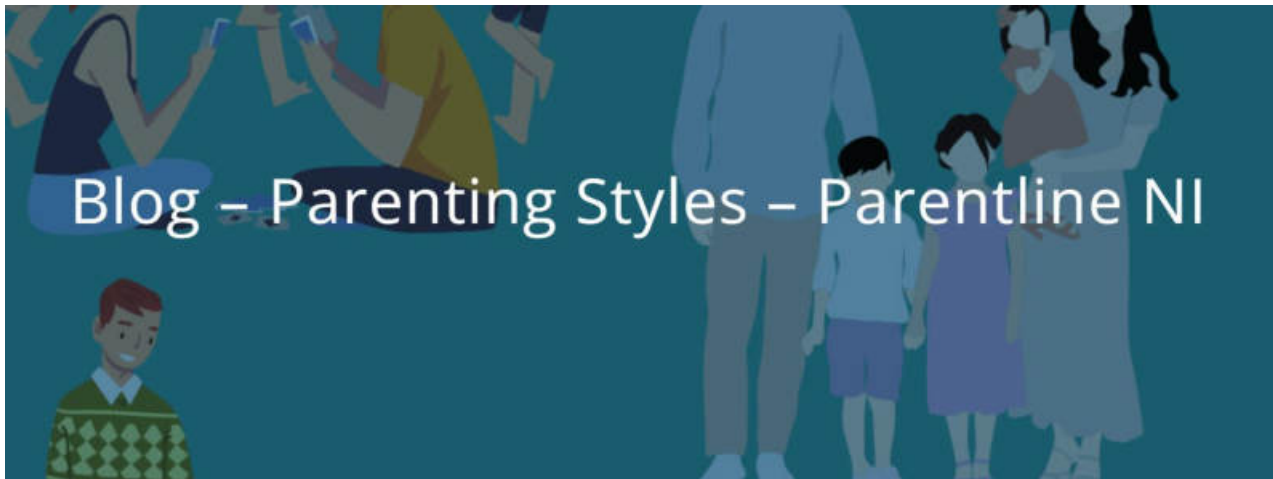


OUTDOOR RECREATION
NORTHERN IRELAND

A freely available digital map showing all publicly accessible green and blue spaces and trails across Northern Ireland



 www.outdoorrecreationni.com/greenspaceni-map



Parentline NI's Head of Service, June Onyekwelu, writes about the science behind different types of parenting styles in this recent blog post

Read [HERE](#)



The **Parentline Podcast** is a goldmine of resources for parents in Northern Ireland - and further afield!

Our guests are local, and our episode topics aim to provide factual and relatable content to all parents, no matter what parenting stage you're at...

You can view and listen to our bank of episodes [HERE](#)



English

CYPSP
Children & Young People's Strategic Partnership

The CYPSP Translation Hub provides you with important information on Health, COVID-19, Education, Housing, Employment, Contacts for support and much more.....




Scan me

www.cypsp.hscni.net/translation-hub

Health	Family Support	Education	Housing	Employment
Safety	COVID-19	EU Settlement Scheme	Sign Language	Contacts

[CYPSP Translation Hub](http://www.cypsp.hscni.net/translation-hub)



CYPSP
Children & Young People's Strategic Partnership

Youth Wellness Web

A place where everyone deserves to be helped at any time, no matter how big or small the problem is!

If you're struggling, it's okay to reach out:

- SCHOOL BULLYING
- WELLBEING
- BEREAVEMENT
- MENTAL HEALTH

Visit
cypsp.hscni.net/youth-wellness-web/



Scan QR code

Call Childline on:
0800 1111

Call LIFELINE on:
0808 808 8000

Text Shout:
852558

Deaf & hard of hearing
textphone users:
18001 0808 808 8000

[CYPSP Youth Wellness Web](http://cypsp.hscni.net/youth-wellness-web/)

Substance Misuse Family Support Group

This group supports families with substance users aged 11-25 years

**Every Friday from 8th September
10am-12pm
Magharee House, 82 Thomas
Street, Portadown**



Topics we Cover

Week 1: Alcohol/Drugs/Vape Awareness

Week 2: Effective Communication

Week 3: Reduce Stress/Coping Strategies

Week 4: Support Networks

For registration and enquiries :

07803413049 / 07766740153

stephanie.mckernan@dunlewey.org

niamh.byrne@dunlewey.org



DA-FACTS

DUNLEWEY
ADDICTION SERVICES



stephanie.mckernan@dunlewey.org

Need someone to listen
without judgement?



Call us: 0808 8020 400
Email us: parentline@ci-ni.org.uk
Webchat: [ci-ni.org.uk/parentline](https://www.ci-ni.org.uk/parentline)
Request a call back: [ci-ni.org.uk/parentline](https://www.ci-ni.org.uk/parentline)

We're open:
Mon-Thurs 9am - 9pm
Fri 9am - 5pm
Sat 9am - 1pm

 0808 8020 400

 parentline@ci-ni.org.uk

 www.ci-ni.org.uk/parentline



Are we there yet?....

**Quick reads for
parents surviving
school holidays**

**Call Parentline to request your
FREE summer resource containing
fun ideas and activities to keep
kids entertained and handy tips
on keeping calm and being kind
to you!**



 0808 8020 400

Let's Talk ADHD

Same boat different storm
Sharing your journey through ADHD

Parent
Discussion Group

Monday 7th August
7 - 8 pm
on Zoom

creative impatient
meltdowns inventive
risk-taking frustrated
anxious gifted disorganised athletic
ADHD
kind hyperactive sleep
humorous impulsive smart
loving inattentive inspirational
irritable

Is this discussion group for me?

- Are you the parent or carer of a child with ADHD?
- Would you appreciate a space to connect with others who can offer empathy, support and solutions.

If you answered yes we would love you to join us for our online parent discussion group

What do I need to do?

- Phone 0808 8020 400 to book a place
- There are a maximum of 12 places per group
- If the discussion group is not for you please contact us to arrange 1:1 support from one of our experienced parent support officers on 0808 8020 400 or request a helpful resource via email



0808 8020 400



Let's Talk New Baby



sister brother helper addition baby feelings sibling understanding introduction lantrum share stress prepare play nervous older gentle

Parent
Discussion Group

Thursday 17th August
11am - 12pm
on Zoom

Parentline are hosting an online space for parents/carers expecting a baby to share hopes, ideas and the realities around adding to your family. A chance to connect with other parents, trade tips and hints, and learn from one another.

Is this discussion group for me?

Are you a parent/carers expecting a baby in 2023/24?

Would you appreciate a space to connect with others who can offer empathy, support and solutions.

If you answered yes we would love you to join us for our online parent discussion group

What do I need to do?

Phone 0808 8020 400 to book a place

There are a maximum of 12 places per group

If the discussion group is not for you please contact us to arrange 1:1 support from one of our experienced parent support officers on 0808 8020 400 or request a helpful resource via email



0808 8020 400

Got a question?

Visit our Facebook page to
ask it or call us on
0808 8020 400

We might just have the answer!

**YOU
ASK**

**WE
ANSWER**

 **Parent
LineNI** facebook.com/parentlineni



www.facebook.com/parentlineni

Services Available Through The Hub May Include...

- Practical Support
- Drug & Alcohol Support
- Emotional Health & Wellbeing
- Signposting to Other Supports
- Advice & Guidance
- Family Support
- Education Support
- Youth Support
- Parenting Programmes
- Parenting Support
- Behaviour Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got the help I needed"

"After a friend recommended that I contact the hub, I rang and spoke to the hub co-ordinator who helped me to make a self-referral"

There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB
Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh
BT61 7DY
T: 028 37522380
E: familysupporthub@barnardos.org.uk

CRAIGAVON & BANBRIDGE HUB
Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB
Allison Slater
SPACE
24 Monaghan Street, Newry
BT35 6AA
T: 028 30835764
E: familysupporthub@space-ni.com

Southern Area FAMILY SUPPORT HUB

Many families need a little extra help sometimes

Information for Families

The 3 **Family Support Hubs** in the Southern Area continue to operate as normal and are open for referrals

Please make any referrals by e-mail [HERE](#)

Download the **June** edition of the **Family Support Hubs** newsletter [HERE](#)

Click on the below thumbnail to watch the **Southern Area Family Support Hub** promotional video



The screenshot shows the Family Support NI website interface. At the top left is the logo 'familysupport NI .gov.uk' with the tagline 'Helping You Find the Services You Need'. To the right are three navigation buttons: 'Family Support' (purple), 'Childcare' (pink), and 'Childcare Partnerships' (blue). Below these is a descriptive line: 'Information on a wide range of family support services and registered childcare provision in Northern Ireland'. The main content area features a background image of two smiling children. Overlaid on this are three search-style boxes: 1. 'Family Support' (purple header) with the text 'Find local services and information to support you and your family'. 2. 'Childcare' (pink header) with the text 'Find registered childcare in N Ireland and useful information including financial support'. 3. 'Childcare Partnerships' (blue header) with the text 'Training and support for childcare providers'. A white downward arrow icon is located at the bottom center of the page.

Check out the **Family Support NI** website [HERE](#)

A useful up-to-date online directory making it easier for people in NI to find out about **family support services** and **ALL REGISTERED childcare providers** in NI

If you require any more information about the website or would like some leaflets / posters, call **0845 600 6483**

Watch the **promotional animation clip** outlining the functions / benefits of the website [HERE](#)

If you provide a family support service in Northern Ireland and would like **details of your organisation / service included** on the Family Support NI website, click [HERE](#) to complete a short questionnaire and return the form to info@familysupportni.gov.uk



Some key services remain available to children and young people as well as school staff to support their emotional wellbeing during the summer months, and to parents/carers who have concerns for a young person

Download this flyer [HERE](#)



Home to school transport

Some children may be able
to get help with home to
school transport

Parents can apply online

[nidirect.gov.uk](https://www.nidirect.gov.uk)



 www.nidirect.gov.uk/articles/home-school-transport



Applying for Free School Meals
and Uniform Allowance

For September 2023

ea
Education
Authority

0:03 / 0:58

The video player interface includes a title, a subtitle, a logo for the Education Authority, a progress bar showing 0:03 / 0:58, and standard video controls like play, volume, and full screen.

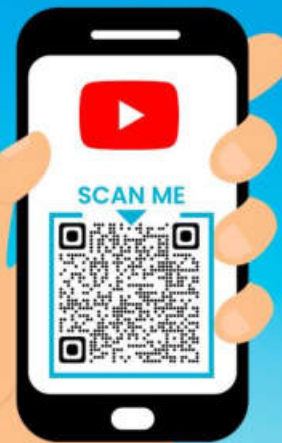
 www.eani.org.uk/free-school-meals-uniform-grants

 Subscribe on YouTube

Public Health Dietitians



Healthy
Recipe Videos



Free Nutrition
Webinars





**GET READY
TO SHAKE UP SUMMER**

JULY-AUGUST 2023
getactiveabc.com/summer

Facebook, TikTok, Instagram, YouTube icons #shakeupsummer

Armagh City
Banbridge
& Craigavon
Borough Council



<https://getactiveabc.com/summer/>

vibe

I ♥ ARMAGH

FAMILY FUN NIGHT

FRIDAY | JULY 21 | 6-9 PM

BBQ, Inflatables, Rodeo Bull, Ice-cream, Face painting, Balloon modelling and lots more fun!

ALL FREE

THE MALL

Ark TRIANGLE Northern Ireland Executive T:buc Housing for all Housing Executive

QR code: iheartarmagh.com

 www.vibeni.com/iheart-armagh

vibe cafe 

SUMMER

Kids Events

Art Workshop Stories & Songs

Tuesdays 10.30am & 2.30pm Thursdays 10.30am

Free Admission

 www.vibeni.com/iheart-armagh

Missionaries of Charity, Armagh

SUMMER PLAY SCHEME

AGED 5-10 YEARS OLD

The Recreation and Community Centre, Cathedral rd.
Armagh (Sherry's Field)

Mon-Fri	24th July - 28th July (2 p.m. - 5 p.m.)	•
Mon-Fri	31st July - 4th August (2 p.m. - 5 p.m.)	•

- ❖ Children must be dropped off and collected on time.
- ❖ Children are not allowed to bring mobile phones.
- ❖ Registration will take place on the first day of the scheme.

ALL QUERIES TO 02837528654



 028 37528654

THE ARMOUR OF GOD



CHILDREN'S HOLIDAY BIBLE CLUB
ADVENTURES IN MINECRAFT
EXPLORING THE ARMOUR OF GOD

14TH - 18TH AUGUST 2023
10.30 - 12.30
AGE 4 -14 YEARS







www.armaghelim.co.uk
You must book your place - see link below
<https://forms.gle/fyGEJb9UTDVHJPKG7>

 <https://docs.google.com/forms/armaghelim>

FastTrad Summer Scheme
Maghery, Co.Armagh 21-23 August



For youth & adults – register & online payment
www.fasttrad.uk

Register & pay online to secure place- £30
option of watersports for P7+ (£20)

www.fasttrad.uk 07508528408 / allset@btinternet.com

10.00-3.30pm / take own lunch- snacks & diluted drinks avail.
Only few places available at beginner level.....

Supported by Esme Mitchell Trust /
Clearway- metal recycling Portadown /



All Set cross-cultural Project is 'Supported by the National Lottery through the Arts Council of Northern Ireland'



allset@btinternet.com



Men's Health Programme

Commencing Tuesday 12th September
for 6 weeks

ArKe SureStart

6:30-8pm

Topics include: Take 5, Food Values, Slow Cooker session and Drugs & Alcohol Awareness.

Contact Janice on 07873206620 to secure your place



07873206620



CRANFIELD INCLUSIVE BEACH

FAMILY FUN DAY

Saturday 22nd July
11am-1pm

Mae Murray Foundation
Creating Change Together

 **Kite Crew Ireland Giant Kite Display**

 **Archery with Geology Rocks**

www.maemurrayfoundation.org

 www.eventbrite.com/cranfield-family-fun-day-3



office@hannasclose.com

LOCAL CHURCHES WORKING IN PARTNERSHIP

IN THE HEART OF NEWRY



NEWRY FOOD INITIATIVE

Summer Opening Hours
Monday 10am to 1pm
Friday 10am to 1pm

All donations gratefully received

Please contact the e-mail below to request a referral voucher for any individual/family in need

✉ newryfoodinitiative@gmail.com

Find us on Facebook
Newry Food Initiative - YMCI

Located in the ground floor premises underneath the Magnet Centre, Hill Street

✉ newryfoodinitiative@gmail.com

HSC Southern Health and Social Care Trust
Quality Care - for you, with you

Comhairle Ceantair an Iúir, Mhúrn agus an Dúin
Newry, Mourne and Down District Council

Minorities Welcome Centre

Our Minorities Welcome Centre Meets at Newry Leisure Centre on the First Tuesday of the month starting on the 1st August 2023 @ 10am to 1pm.



Social care staff & Service providers aim to create an informal and positive space where People of different cultural backgrounds can get together over a tea or coffee to share information and seek additional support through signposting or referral to appropriate services where necessary.

If you would like more information on how your agency can support this program or know of anyone who would benefit from attending
Please Contact:
John Flett on 07503937693
John.flett@southerntrust.hscni.net
Or
Sinead Baillie on 07909004157
Sinead.baillie@nmandd.org

✉ John.flett@southerntrust.hscni.net

SOPVC PRESENTS
Circus Skills
4 Week Programme
★ Learn new skills & challenges★
★ Juggling ★ Acrobatics ★ Tightrope ★

27 JUL	P6 & P7 - 6pm-7:30pm Y8 & Y9 - 7:30-9pm
03 AUG	P6 & P7 - 6pm-7:30pm Y8 & Y9 - 7:30-9pm
10 AUG	P6 & P7 - 6pm-7:30pm Y8 & Y9 - 7:30-9pm
17 AUG	P6 & P7 - 6pm-7:30pm Y8 & Y9 - 7:30-9pm

To register email:
stoliverplunkett@hotmail.co.uk
Tel: 02830868107

Circusful

Follow us

Made with PosterMyWall.com

stoliverplunkett@hotmail.co.uk

SOPVC
MID-SUMMER VIBES @ SOPVC

For Year 8 & 9 - Those starting these year groups Sept 2023


<p>Tuesday 1st August</p> <p>Nerf Wars 4pm-6pm 20 spaces available</p>	<p>Wednesday 2nd August</p> <p>Graffiti Workshop with MWAK 4pm-6pm 20 spaces available</p>
<p>Thursday 3rd August</p> <p>Teambuilding Initiatives Venue: Crossmaglen Rangers 4pm-6pm 20 spaces available</p>	<p>Price: £3 a day, (choose 1, 2 or 3 days)</p> <p>To register please contact via email: stoliverplunkett@hotmail.co.uk or via our social media pages</p>

Supported by:
Newry, Mourne & Down District Council
Stieve Gullion DEA

Follow us

Made with PosterMyWall.com

stoliverplunkett@hotmail.co.uk

 Southern Health
and Social Care Trust
Quality Care - for you, with you



WRAP (Wellness Recovery Action Plan) is a simple and powerful process for creating the life and wellness you want. The WRAP process supports you to identify the tools that keep you well and create action plans to put them into practice in your everyday life.

This four-day FREE & interactive workshop will be held on

25th & 27th July, 1st & 3rd August 2023

In

The Wald Centre

Tullynavall Road, Cullyhanna, BT35 0PZ

Attendance at all 4 sessions is required to receive a WRAP[®] Completion Certificate

To enrol or if you have any questions, please ring 02837561938

Or E-mail: Recovery.college@southerntrust.hscni.net

Please note that spaces are limited on this programme and will be allocated on a first come, first serve basis.



Recovery.college@southerntrust.hscni.net



A Summer of **fun** in Mid Ulster!



midulstercouncil.org/summer



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council



www.midulstercouncil.org/summer



**** Free First Aid Kit ****
for Attendees



FREE

**Farm Family
First Aid Awareness
Training**

**Thursday 24th August
7.00 - 9.30**

**President Grant's
Homestead,
45 Dergenagh Road,
Dungannon, BT70 1TW**



To book your place:

Phone: Lorraine 028 85556880

Email: info.costa@btconnect.com

Part of the Farm Business Improvement Scheme in the Rural Development Programme 2014-2020
and funded by the European Agricultural Fund for Rural Development



info.costa@btconnect.com



Mid Ulster Crisis Support

<p>Income</p>	<p>Jobs and Benefits Office Benefits free phone: 08000224250 Employment Services phone number: 03002007822</p>	<p>Discretionary Support COVID-19 (Coronavirus) Short-term Living Expenses Grant: 08005872750</p>	<p>Debt Support Christians Against Poverty: 08003280006</p>	<p>Advice Mid Ulster Advice Service Dungannon: 02887750211 Cookstown: 02886761875 Magherafelt: 02879633079</p>		
<p>Community Led Emergency Food Support</p>	<p>Magherafelt Hope: 07393451504 SVP: 02879300819</p>	<p>Maghera The Link Foodbank: 07759964550 SVP: 07752111032</p>	<p>Cookstown SVP: 02886769400</p>	<p>Dungannon Reach Foodbank: 07857071750 / 028 87752133 SVP: 02887727323</p>	<p>Coalisland Foodbank: 07871800551 SVP: 02887748531</p> <p>Clogher Valley FMT Response: 07866511961 SVP: 07873687725</p>	
<p>Housing</p>	<p>NI Housing Executive Support 9am – 5pm: 03448 920900 Out of hours: 03448920908</p>	<p>Housing Rights: 02890245640</p>	<p>Regional Emergency Social Work Services (Children): 02895049999</p>	<p>Depaul Ireland: 02887725860 Simon Community: 08001712222</p>	<p>MUST Hostel: 02886762065</p>	
<p>Mental Health (Community Counselling Services)</p>	<p>Lifeline 24hrs: 0808 808 8000 Samaritans 24hrs: 116 123</p>	<p>GP and A&E referral to Mental Health Hospital support Family Works: 02891820341</p>	<p>Magherafelt CC The Olive Branch: 02879633688 Hope: 07393451504</p>	<p>Cookstown CC The Hub: 02886763398</p>	<p>Dungannon CC Vineyard: 02887752133</p>	<p>Agewell Good Morning calls (over 65's): 02879632170</p>
<p>Abuse</p>	<p>Police Service: 999 or 101</p>	<p>Childline: 0800 1111 NSPCC Adults concerned about a child: 08088005000</p>	<p>Mid Ulster & Causeway Woman's Aid: 02886769300</p>	<p>Domestic & Sexual abuse helpline: 0808802144</p>	<p>Gateway-child protection Emergency (out of hours): 02895049999 Dungannon: 08007837745 Cookstown/ Magherafelt: 03001234333</p>	<p>Sexual Abuse The Rowan Centre: 08003894424</p>

SUBMISSION

- ✓ Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer.
- ✓ Less words, bigger pictures!
- ✓ We do not advertise or endorse those events or programmes which are privately funded as a business.
- ✓ Information will usually be included for x1 edition, unless otherwise requested.



GUIDELINES

- ✓ 'FYI' will usually be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
- ✓ We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
- ✓ Your feedback is welcome. (We are not perfect, but strive to be as good as we can.)
- ✓ Please let us know if 'FYI' has helped your service, event or activity in any way.



Click on the below issue nos. to view recent editions of 'FYI':

[Issue 107](#)
6th July 2023

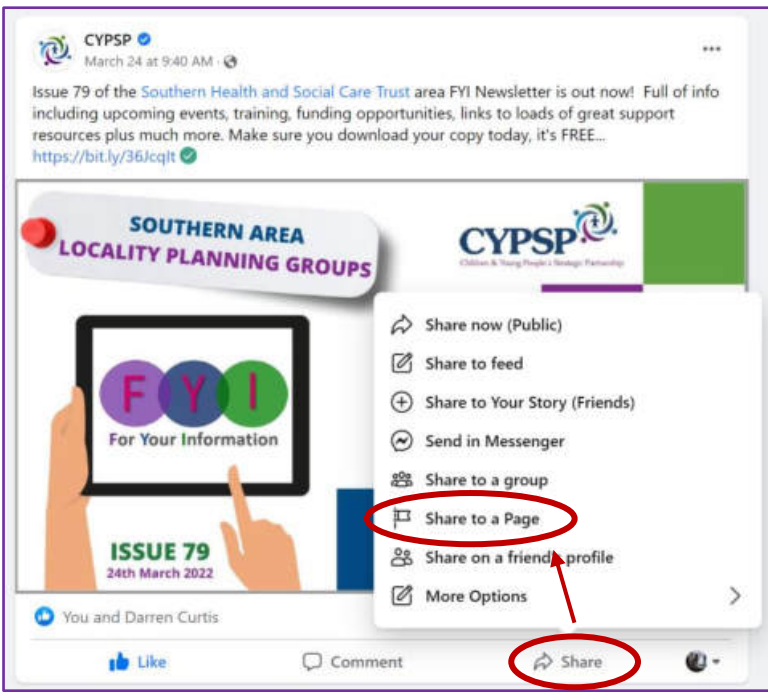
[Issue 106](#)
22nd June 2023





Please note, content will be displayed differently depending on the device being used

SHARING 'FYI' – SOCIAL MEDIA "HOW TO"

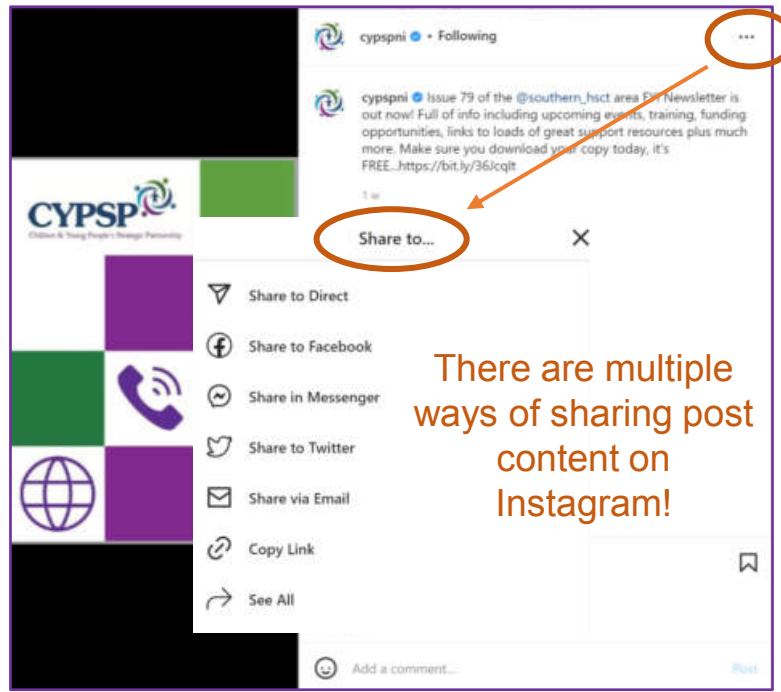


If sharing to your organisation's page, use 'Share to a Page'
 (You need to have Admin permissions to do this)
 Otherwise, you can share to your own personal page, as well as into Facebook Groups which you are a member of



If logged in on your organisation's Twitter account, you can retweet to their page

- Undo Retweet
- Quote Tweet
- Send via Direct Message
- Bookmark
- Copy link to Tweet
- Share Tweet via ...



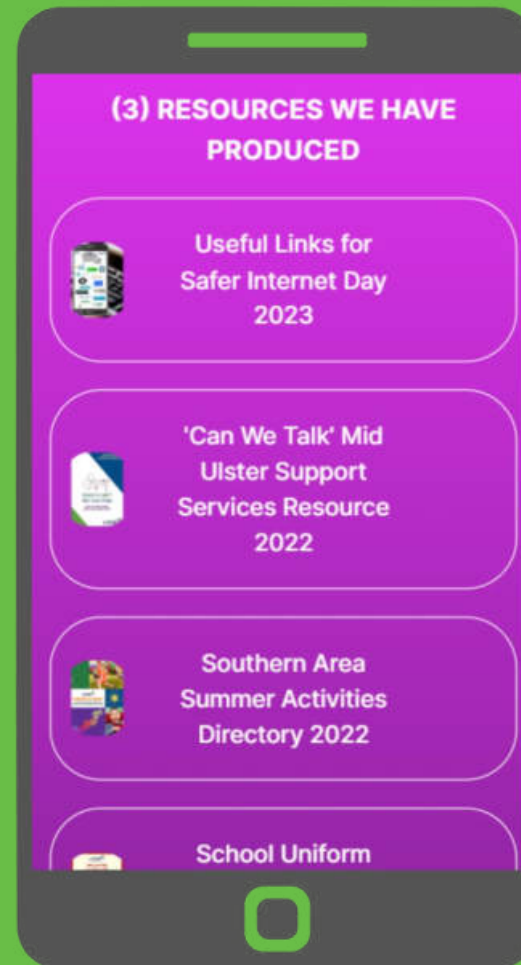
There are multiple ways of sharing post content on Instagram!

Alternatively, you can copy the link to include in a new tweet and you can also send the Tweet link via Direct Message to chosen contacts

UPCOMING 2023 LPG MEETINGS

Armagh	Thur. 7 th Sep.
Craigavon	Tues. 12 th Sep.
Banbridge	Wed. 20 th Sep.
Dungannon	Tues. 26 th Sep.
South Armagh	Tues. 3 rd Oct.
Newry & Mourne	Wed. 11 th Oct.

Meetings are usually scheduled to begin at 10am
 Formats will alternate between face-to-face & Zoom
 (Refer to the 2023 Meetings Calendar on our [Linktree](#))



SCAN QR CODE FOR INSTANT ACCESS TO OUR INFO. HUB



For further information on Locality Planning or 'FYI', contact:
 Joanne Patterson (localityplanning@ci-ni.org.uk) or Darren Curtis (07725232566)
 CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR





For Your Information

NEXT ISSUE

**24th August
2023**

**Submission
Deadline:**

**22nd August
2023**



localityplanning@ci-ni.org.uk