

If you have a brain injury, autism and/or physical disability and find it difficult to gain employment Cedar can help you by:

- **One to one mentoring and support**
- **Job finding**
- **CV building and interview preparation**
- **Matching you to local employers**
- **Employability and personal development skills**
- **Basic skills and numeracy training**

You can contact us directly or we can take referrals from a wide range of sources including Jobs and Benefits Personnel, Social Workers, Health Care Professionals, Schools, Training Providers and Families and Carers.



To find out more please visit:

www.cedar-foundation.org/skillset

or email us at: **skillset@cedar-foundation.org**