



# TRUTH RECOVERY INDEPENDENT PANEL

We are an Independent Panel appointed by the Executive Office to find out the truth about **Mother and Baby Institutions, Magdalene Laundries and Workhouses in Northern Ireland from 1922 - 1995**, and their related pathways and practices, including the adoption and care systems.

We wish to hear from people who have been impacted by or who have any knowledge or memories of the institutions and their related pathways and practices.



Truth Recovery Independent Panel  
Seeking the Truth

## HOW WE CAN HELP

### **Share Your Lived Experience**

We are collecting testimony from people affected by the issues under our investigation in a safe and supportive space, with confidentiality as an option.

If you would like to share your experience, please contact us to register your interest by **Thursday 1st May 2025**.

### **Access Personal Records**

We have developed guidance to help people to access records which could hold valuable information about their personal experiences and identity, such as their birth or adoption records.

The guidance is available on our website. If you would like a hard copy, please contact us.



**Website:**

[www.independentpanel.truthrecoveryni.co.uk](http://www.independentpanel.truthrecoveryni.co.uk)

**Find us also on:**



Help us in our search for the truth.

Please contact us by **Thursday 1st May 2025** to register to give testimony.

## WE WISH TO HEAR FROM YOU

Have you or a family member been impacted by a Mother and Baby Institution, Magdalene Laundry or Workhouse in Northern Ireland, or their related pathways and practices, including the adoption and care systems?

Have you worked or volunteered in, or lived in close proximity to one of these institutions? Do you have any relevant information, knowledge or memories of these institutions or their practices?

We would like to hear from you.



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## CONTACT US



**Address:**

Truth Recovery Independent Panel,  
4th Floor, Equality House  
7 - 9 Shaftesbury Square,  
Belfast, BT2 7DB



**Phone:**

028 9052 0263

(Open Monday – Friday 11am - 12pm and 3pm - 4pm or leave a voicemail on our secure answering service any time outside of these hours.)



**Email:**

testimony@independentpanel.org.uk



**Website:**

[www.independentpanel.truthrecoveryni.co.uk](http://www.independentpanel.truthrecoveryni.co.uk)

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